



hunger doesn't take the weekend off

High School Community Service Hours Information

Partnering with high school students to achieve their community service goals!

While we offer volunteer opportunities at the pantry, sometimes they don't work with student's schedules. Therefore we offer the more flexible options below for community service hours:

Option 1:

- Donate food to Backpack Society - 10 lbs of food = 1 hour of community service or 20 lbs of food = 2 hours of community service
- 2 hour maximum may be earned
- Items to donate - peanut butter, jelly, granola bars, fruit cups, 10oz cans of soup (not cream based), 15oz cans of Chef Boyardee or Spaghetti's (with meat), or beef jerky (individual size)
- Donation drop off - Email us at info@backpacksociety.org to arrange a time

Option 2*:

- Hold a food drive for Backpack Society. Use one or both ways below:
 - Digital Food Drive (volunteers time - 3 hours)
 - Post on Social or Email friends & family that you are holding a food drive.
 - Ask them to message/email you if they'd like to donate. Suggesting a day you will pick up donations is helpful for you and them. We suggest giving them 1 weeks notice & sending a reminder before pickup.
 - Ask them to place donations on their porch on pick up day, making picking up easy for everyone.
 - Door to Door Food Drive Flyer (volunteers time - 4 to 5 hours)
 - Print flyer & fill out the pick up time/date, first name & contact info agreed upon with your parent. We suggest giving 1 weeks advanced notice.
 - Make double sided copies of the flyer, and cut in half (Office Depot has good prices)
 - Choose a neighborhood and hang flyers on door handles. You can hang the flyer on their door handle with a rubber band. Make a hole in the flyer and loop the rubber band through. (Suggestion: Choosing an area with about 100 houses creates good results)
 - Collect food & email us to arrange a time for drop off at Backpack Society, info@backpacksociety.org
- Please keep track of your time. If it exceeds the estimated amounts above we will adjust as needed.
- TOOLS: For all the tools you need [click here](#), or go to, www.backpacksociety.org/high-school-volunteer

Option 3:

- Sign up for a volunteer shift on our website. Go to www.backpacksociety.org/volunteer to find a spot.

Please feel free to call or email us with any questions! To submit your community service hours, please email info@backpacksociety.org, or we can signoff in person when you are at the pantry.

**Please work with your parents to ensure you are using contact information they are comfortable with & are following good safety practices.*

www.backpacksociety.org

Backpack Society is a 501(c)(3) non-profit organization recognized by the IRS, ID 84-3290134

213 W. County Line Road, Highlands Ranch, CO 80129

info@backpacksociety.org

720-583-2224