



hunger doesn't take the weekend off

# High School Community Service Hours Information

*Partnering with high school students to achieve their community service goals!*

While we offer volunteer opportunities at the pantry, sometimes they don't work with student's schedules. Therefore we offer the more flexible options below for community service hours:

## **Option 1:**

- Donate food to Backpack Society - 10 lbs of food = 1 hour of community service, or 20 lbs of food = 2 hours of community service
- 2 hour maximum may be earned
- Items to donate - peanut butter, jelly, granola bars, fruit cups, 10oz cans of soup (not cream based), 15oz cans of Chef Boyardee or Spaghetti's (with meat), or beef jerky (individual size)
- Donation drop off - Email us at [info@backpacksociety.org](mailto:info@backpacksociety.org) to arrange a time

## **Option 2\*:**

- Hold a food drive for Backpack Society. Use one or both ways below:
  - **Digital Food Drive (volunteers time - 3 hours)**
    - Post on Social or Email friends & family that you are holding a food drive, optional tool-[click here](#)
    - Ask them to message/email you if they'd like to donate. Suggesting a day you will pick up donations is helpful for you and them. We suggest giving them 1 weeks notice & sending a reminder before pickup.
    - Ask them to place donations on their porch on pick up day, making picking up easy for everyone.
  - **Door to Door Food Drive Flyer (volunteers time - 4 to 5 hours)**
    - Print flyer & fill out the pick up time/date, first name & contact info agreed upon with your parent. We suggest giving 1 weeks advanced notice.
    - Make double sided copies of the flyer, and cut in half (Office Depot has good prices), optional tool, [click here](#)
    - Choose a neighborhood and hang flyers on door handles. You can hang the flyer on their door handle with a rubber band. Make a hole in the flyer and loop the rubber band through. (Suggestion: Choosing an area with about 100 houses creates good results)
    - Collect food & email us to arrange a time for drop off at Backpack Society, [info@backpacksociety.org](mailto:info@backpacksociety.org)
- Please keep track of your time. If it exceeds the estimated amounts above we will adjust as needed.
- **TOOLS:** For all the tools you need [click here](#), or go to, [www.backpacksociety.org/high-school-volunteer](http://www.backpacksociety.org/high-school-volunteer)

## **Option 3:**

- Sign up for a volunteer shift on our website. Go to [www.backpacksociety.org/volunteer](http://www.backpacksociety.org/volunteer) to find a spot.

Please feel free to call or email us with any questions! To submit your community service hours, please email [info@backpacksociety.org](mailto:info@backpacksociety.org), or we can signoff in person when you are at the pantry.

*\*Please work with your parents to ensure you are using contact information they are comfortable with & are following good safety practices.*

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[www.backpacksociety.org](http://www.backpacksociety.org)

Backpack Society is a 501(c)(3) non-profit organization recognized by the IRS, ID 84-3290134

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